



SLIMMING

Fat Freezing - Cryolipolysis

A safe, painless, and non-invasive alternative to Liposuction. Fat cells are frozen reducing unwanted adipose tissue. Permanent removal of fat cells.

Fat Freezing	From	£225
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Lipo Ultrasound -

Cavitation Fat Reduction

A safe, painless, non-invasive alternative to Liposuction. Technological advances have made it possible to use low-frequency ultrasound for localised fat reduction on love handles, abs or jowls.

Lipoultrasound/ Cavitation	25 mins	£59
	50 mins	£69

Non-Surgical Skin Tightening Radio Frequency Face & Body

A non-surgical procedure that tightens slack skin, reduces fine lines & wrinkles giving the face & body a younger firmer appearance. Increases collagen production, repairing ageing skin.

Radio Frequency	25 mins	£59
	50 mins	£69



**CONSULTATIONS ARE ADVISED
WITH AESTHETICS TREATMENTS.
COURSES OF TREATMENTS ARE
RECOMMENDED!**

FACIAL REJUVENATION

Anti-Wrinkle Treatment

Preventing skin from creasing and causing wrinkles. It's effective for "expression lines," such as frown and/or surprise lines on the forehead and crow's feet around the eyes. Formerly known as Botox.

Anti Wrinkle Treatment	From	£225
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Dermal fillers

Dermal filler can help to instantly restore your skin's volume and smooth away facial wrinkles and folds. It can also be used for lip enhancement, for fuller lips.

Dermal Fillers	From	£225
Lip Fillers	From	£225

Dermaplaning with Facial

Dermaplaning is a skin treatment that uses an exfoliating blade to skim dead skin cells and hair from your face. It's also called microplaning or blading. Dermaplaning aims to make your skin's surface smooth, youthful, and radiant.

Dermaplaning	25 mins	£59
	50 mins	£69

Microdermabrasion

A safe controlled way to exfoliate and peel the skin, reducing thickness, removing dead cells, fine lines, pigmentation & sun damage.

Microdermabrasion	25 mins	£59
	50 mins	£69



**A NON-REFUNDABLE BOOKING
FEE APPLIES TO AESTHETIC
APPOINTMENTS.**

Pure Plasma Pen

This skin tightening treatment is a revolutionary beauty procedure helping women considerably reduce wrinkles and lines. It is non-surgical and non-invasive with instant results which last for up to 5 years (Depending on the treatment area).

PurePlasma Pen	25 mins	£199
Skin Tag Treatment	25 mins	From £150
Pigmentation Treatment	25 mins	From £150

LED Light Therapy

LED Light Therapy stimulates cellular activity, including the fibroblasts that produce collagen, which gives young skin its plump look. This helps to minimise fine lines, wrinkles, treats sun-damage, stretch marks, and reduce redness.

LED Light	25 mins	£45
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Skin Peels

A peel is a solution applied to the face to remove dead skin cells and stimulate the growth of new cells to improve the appearance of the skin.

Skin Peels	25 mins	£52
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Skin Boosters

An advanced technique of injection techniques, ideal for those not wanting to have botox or fillers.

Using amino acids and hyrdonic acids to stimulate the production of collagen and elastin using Jalupro, prophilu or toskani.

	50 mins	From £185
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Mesotherapy

A technique that uses vitamins to regenerate and hydrate the skin from the inside out using a process of micro needling.

	50 mins	From £99
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ELEMIS

Pro-Glow Brilliance Facial+

YOUR RECIPE FOR RADIANCE - Experience our ultrasonic peel technology and brightening enzymes to deep clean and remove visible pollutants, make-up and city grime for happy, healthy skin. Hydrating technology and antioxidant-rich Superfoods will plump and smooth with a super-charged air massage to breathe life into your skin.

Immediately revealing a super-healthy complexion, you'll look and feel more radiant, relaxed, and glowing.

Supercharged with ELEMIS BIOTEC 2.0: Ultrasonic, O2 Infusion & Galvanic

50 mins	£79
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Pro-Glow Genius Facial+

THE ULTIMATE AGE-DEFYING EXPERIENCE - Harnessing the powerful benefits of all 6 ELEMIS BIOTEC 2.0 technologies, skin will be visibly smoother, more sculpted, and firmer with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation, and skin hydration.

An unsurpassed, age-defying facial resulting in a more lifted, radiant youthful appearance after just one treatment.

Supercharged with ELEMIS BIOTEC 2.0 Ultrasonic, Microcurrent, Galvanic, Light Therapy & CryO2

75 mins	£99
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MICRO NEEDLING

An advanced skin-needling procedure that stimulates the skin to regenerate and repair itself safely and naturally. Micro-needles are able to part the pores of the top layer of the skin without damaging it. This naturally stimulates collagen and elastin production in the skin and is safe to use on different areas of the body for smoother, brighter, healthier, and younger looking skin. This is a simple and safe treatment.

Micro-needling	From	£155
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MICROBLADING

Also known as Eyebrow Embroidery, this is a procedure categorized under permanent makeup, but unlike traditional cosmetic tattooing, it is less invasive and is considered semi-permanent.

Micro-blading typically lasts 1-3 years.

New Eyebrows*	120 mins	£299
Prefection	90 mins	£60
Top up under 14 mths*	75 mins	£159
Top up over 14 mths*	90 mins	£199

Subject to skin test*



WEIGHT LOSS

The 1:1 diet by Cambridge Weight Loss Plan. Unlike other diets, the 1:1 Diet is unique in providing one-to-one Consultant-led support. Our consultant will help you choose your Plan, then inspire and support you throughout your entire journey. You will enjoy your tasty meal replacements, and you'll soon start to see the difference. This is a plan that really works for you, products you will enjoy and support throughout.

From	£59 per week
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LASER HAIR REMOVAL

LumiLASE technology outputs specific 808nm wavelengths for precision hair removal. Our hair removal devices offer fast, pain-free treatments tailored to our guests' unique requirements. Powered by advanced diode laser technology enhanced with cooling and safety features, LumiLASE hair removal devices put our guest's comfort, safety, and compliance first. The LumiLASE device includes a diode laser, which is superior to the commonly used IPL technology which emits a broad spectrum of light and is less precise and effective. LumiLASE offers a permanent hair reduction and is a brilliant replacement for shaving and waxing.

A patch test and consultation must be completed prior to any Laser treatment and a course of 6 or 8 treatments is recommended to achieve optimum results.

Patch Test / Consultation	25 mins	£35 (redeemable on purchase)
Eyebrows	15 mins	£59.00
Upper Lip	15 mins	£59.00
Chin	15 mins	£59.00
Underarms	15 mins	£59.00
Bikini - Hollywood	25 mins	£159.00
Bikini - Brazilian	25 mins	£159.00
Bikini Standard	25 mins	£139.00
Male Pubic Hair	25 mins	£159.00
Half Face	25 mins	£99.00
Full Face	25 mins	£139.00
Half Legs	25 mins	£139.00
Full Legs	90 mins	£249.00
Areola	15 mins	£59.00
Chest	50 mins	£159.00
Full Back	90 mins	£249.00
Upper back and shoulders	50 mins	£159.00
Buttocks	50 mins	£249.00
Abdomen	90 mins	£249.00
Full Arms	90 mins	£249.00
Fore Arms	50 mins	£159.00
Women's Full Body*	120 mins	£499.00
Men's Full Body*	120 mins	£499.00



*4 areas (including 1 large area)

- Course prices available on consultation